

### **IMPORTANT NEWS FLASH**



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Helping Hungry, Hurting and Homeless Animals



# **Canine Influenza Virus**

Submitted By Karin Jessen, HPAN Co-founder

There are now four confirmed cases of a new strain of canine influenza virus in Knoxville. One dog had to be euthanized because it developed a severe case of pneumonia. Canine flu is contagious and can be fatal if not treated, but this is rare. It can lead to pneumonia. Influenza is more severe in puppies, senior dogs and dogs with pre-existing conditions. If your dog is showing signs of the flu, i.e. coughing, sneezing, lethargy, vomiting, and/or diarrhea, please talk to your vet.

The local vets have been vaccinating for the H3N8 canine influenza for about the past 6-8 years. This consists of an initial vaccine and then a follow up vaccine three weeks later. The veterinarians have not been vaccinating for this new strain, which appears to be H3N2 canine influenza. If you take your pets to the dog park, hiking trails, or just out and about, please make sure your pets are vaccinated.

Most of the boarding facilities have placed a three week hold on animals that are coming from a shelter. Many vets have limited isolation rooms, so many are not taking shelter animals.



www.HelpingPawsAnimalNetwork.org

## HPAN Sponsored Rescue Feature: Loudon County Friends of Animals Submitted by Kimmey Goodson, LCFOA President

I retired to Tennessee from Texas in May of 2007 from a very stressful job in hopes of finding some quiet time, but very soon was bored and didn't know what to do with myself. In 2012, I started Loudon County Friends of Animals (LCFOA) after seeing so many stray animals that needed help. The euthanasia rates were so high in the local shelters, something had to change. From 2012 to 2016, LCFOA pulled cats and kittens into foster homes, but only from the Loudon County Animal Shelter. We averaged between 350 to 450 cats and kittens each year from this shelter through our foster programs as well as our organization sponsoring half of the adoption fees for all adults and \$25 off all kitten adoption fees.

Through our adoption process, we found that over half of the people wishing to adopt had unaltered animals in their homes. In 2014, we started our "Free Spay/Neuter Program for Low Income Families," which has helped lower the intake rate of our county shelter. In 2016, LCFOA started our "TNR (trap, neuter, release) Program," and we started taking cats and kittens from the community vs. them being taken to our local kill shelter. Cats do not do well in shelter cages. Many, at first glance, seem to be semi-feral, are deemed unadoptable, and end up being euthanized, when they could have been nothing less than a precious loving house pet. Taking cats and kittens directly from the owner, we reduced the intake at our shelter by 348 cats and kittens in 2016. As a result, we have reduced the euthanasia from 44% in 2015 to 28% in 2016. LCFOA is very proud we made this happen!

In 2016, LCFOA paid to spay/neuter 200+ animals in Loudon County through our free spay/neuter program for low income families and performed TNR on more than 250 cats. We took the kittens from these colonies into foster care and subsequently got them into good homes.

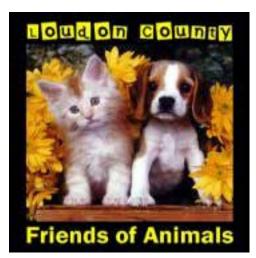
LCFOA has saved so many helpless pregnant cats and kittens that would have died without our care. We run a seven day a week hotline (those calls come to my home) to help people with their pet problems, and we receive a lot of abuse calls. LCFOA has rescued poor kitties that have been thrown out of cars, cats with broken jaws, kittens with no momma and no way to survive without bottle feeding, a pregnant cat that had been attacked by dog, and so many more. You name it; we have seen it and done our absolute best to save each and everyone we possibly can.

In 2017, we opened up adoption centers in Petsense in Lenoir City and Ricki's Pet Depot in Farragut. We also expanded our great efforts to saving kitties to not only Loudon County, but LCFOA is now pulling cats and kittens out of the Blount County, Roane County and Rockwood City Shelters and hope to make an impact for these shelters in 2017. These three shelters have the most amazing staffs we have ever worked with. They are so willing to help us to save kitties and we have great relationships with them too.

During the last five months, LCFOA has placed almost 200 cats and kittens into great homes despite our very strict adoption approval process. Heather Wilson does amazing work placing feral cats into great barn homes where they are fed daily, vaccinated and given vet care. She has placed nearly every feral cat that has come into the Blount County Animal shelter this year into great homes. She is working with folks wanting barn cats all over Tennessee. All cats deserve a great life!

We want to thank HPAN for always being there to help us when we are in desperate need of funds which as most rescues know, happens way too often. In October 2016, HPAN helped us save 38 momma cats and kittens that LCFOA pulled into foster care to save from the overcrowding at our local shelter.

cont. on page 3



# **The Dangers of Ticks**

#### By Karin Jessen, HPAN Co-founder

Do you or your pets like hiking, playing in tall grass, or playing in the woods? Then you probably have had encounters with ticks. And you should know what to do when you find them on yourself or your pet!

The most common tick in Tennessee is the Lone Star tick; however, other common ticks include dog ticks and deer ticks.

Ticks feed on the blood of their hosts. They seek out motion and mammals, making people and pets very attractive to latch onto. Once a tick latches on, they will continue to feed for several hours or days, depending on the type of tick.



Ticks like to find crevices and/or areas with little to no hair (both pets and humans), which means they like ears, inside the legs, between the toes, skin folds, back of knees and around the waistline.

To remove a tick, never use a lighter, nail polish or other products. Using a pair of tweezers, grab the tick by the mouthparts, as close to the skin as possible and pull straight out. Then wash the area with soap and water and apply a topical antiseptic. You might consider keeping the tick in the event you or your pet become ill by placing the tick in a plastic bag in the freezer. Symptoms for humans might include fever, headache, or a spreading rash. Keep a close eye on your pet as well for any symptoms of lethargy, lack of appetite, lameness, joint swelling and/or anemia. Signs may take days, weeks, or months to appear. If this happens, remember that tick in the freezer, and take it with you when you see a doctor. Not all ticks transmit diseases; however, the threat of disease is always present.

Protection against ticks for your pets is to use flea and tick prevention, as recommended by your veterinarian. For your personal protection, use insect repellent with DEET (check label for usage), and wear light colored clothing. Always tuck long pants into socks to keep them off your skin. Wear a hat when walking in the woods and closed-toed shoes. Examine yourself and your pets for ticks before entering the house to help keep the ticks outside.

Ticks die quickly in sunny, dry environments. Maintaining your landscaping around your home by mowing and keeping brush away from the house is a good way to keep your environment safe for you and your pets.

#### Sponsored Rescue: LCFOA

cont. from page 2

We have great volunteers who make us so successful in saving so many. We have eight great board members. Jen Peterson and Heather Wilson are new Board Directors in 2017 and have made a tremendous impact on our number of saved cats and kittens. These two ladies run themselves to death to save a kitty. Jen Peterson has literally chased down cats in several counties that desperately needed care.

As many know, I am battling some serious health issues, and without Jen Peterson, Heather Wilson, Anita Fouts and Jenn Ion, LCFOA would be forced to shut down. Instead, we are having the most successful year ever saving animals and getting all that we can spay/neutered. Thanks to every-one who loves animals and making a difference in their lives.

Website: http://www.loudoncountyfriendsofanimals.com/ Facebook: https://www.facebook.com/loudoncountyfriendsofanimals



## **State of the HPAN Union - Metrics for Jan-June 2017**

Submitted by Amy Starkey, HPAN Co-founder and Treasurer

It's hard to believe that it has been six years since we started HPAN! We have come so far and helped so many, it's humbling. So far in 2017, we have sponsored 52 sick or injured animals for a dozen or so non-profit rescue organizations in our mission area, which encompasses Anderson and surrounding counties, plus Blount. You can see their sweet faces and stories at http://www.helpingpaws37830.wordpress.com. In just over six months, our sponsorships/grants have exceeded \$22,000. This is a grand improvement from our first year, when our sponsorships totaled just over \$3,500. Here's the breakdown for this year:

#### January 1 – June 15, 2017

Animals sponsored - 52 Sponsorships awarded to local rescue organizations - \$12,821 Capital improvement grants awarded to local rescue organizations - \$10,000 Income - \$14,800

The bulk of our funds come in from September – December of each year, through fundraisers and year-end donations, enabling a financial surplus that we carry into the New Year for special grants. In December, we sent out an RFP (request for proposal) to our sponsored rescue organizations. We awarded a total of \$10,000 to two deserving and newly-sponsored non-profits, K9 Lifeline Rescue (K9LR), in Kingston, TN, and the East Tennessee Miniature Horse and Donkey Rescue (ETMHDR), in Loudon, TN. A \$4,500 grant was used by K9LR to finish "The Dog House." This rescue has saved hundreds of dogs from euthanasia at the Roane County Animal Shelter this year alone. A \$5,500 grant was used by ETMHDR to build paddocks and an area for pregnant mares, and install crush and run and a water line. We've seen these improvements with our own eyes, and we are amazed at what money can do for animal welfare!

None of these accomplishments would be possible without donations. We currently have 39 regular supporters who donate by payroll deduction through Oracle. These donations total \$430 every two weeks. This is our lifeblood, enabling us to sponsor 2.5 rescue animals every month with a per-animal limit of \$300. We invite you to sign up for payroll deduction. Contact Amy Starkey at awstarkey@yahoo.com for simple Oracle instructions. Additionally, checks payable to HPAN can be mailed to: HPAN, 969 Oak Ridge Turnpike, #304, Oak Ridge, TN 37830, and electronic donations can be sent via PayPal to info@helpingpawsanimalnetwork.org. No amount is too small, and every dollar applies to our mission of assisting rescue animals who are hungry, hurting, or homeless. All donations are tax-deductible.

Another way to help is to sign up your Kroger Plus Card at www.kroger.com/communityrewards. Upon registering your card in the program, select Helping Paws Animal Network; Harriman, TN. Then all you have to do is shop! It costs you nothing. Same goes for Amazon shoppers through the AmazonSmile program. Choose HPAN from the list; we will get a cut of your purchase price, and you lose nothing.

The rest of our income is generated from fundraisers. We are always looking for new and creative ways to raise money. Fundraiser staples include bake sales, gift shows, pet photo contests, Valentine's Day luncheons, parking sales, lot and online auctions. This year we added e-commerce to our website (www.helpingpawsanimalnetwork.org) with the addition of the HPAN Store, where we sell calendars, t-shirts, and in memory of/in honor of certificates. Recurring and one-time monetary donations can also be made on the site. Items such as household items, purses, tools, unwanted Christmas gifts, etc., can all be used to raise funds; we collect these things year-round. I often say jokingly, "We accept everything but chickens!" Fact is, all donations matter!

We continue to work tirelessly to meet our vision of ending animal suffering-one rescue at a time. I've often said it... We can't change the world with what we do at HPAN, but we sure can change the world for some. We are on track to change the world for 100 deserving animals this year. Will you help us?

Thank you for your support!

#### Boarding Tips By Patti Bradam, HPAN President Emeritus

There's a lot to remember when you're going on a trip. But don't forget your furbabies. The Pup Tent Boarding & Grooming (https://www.facebook. com/thepuptent) offers the following advice on boarding your animals.

1. Leave valid emergency contact information with the kennel for someone who is not on the trip with you and knows what you would want if the animal has a medical problem. Don't leave the kennel making decisions for you in this type of situation. They don't know what you would want and may prolong a bad situation because they have no choice.

2. Be up front with medical problems, both with the kennel and with the emergency contact.

3. Always tour the facility before leaving your animals there. Ask your vet for references to kennels that their patients use regularly. During the tour, pay attention to animals' conditions and the conditions of the kennel. Are the floors clean? Are the individual kennels well maintained? How often do they take the animals out for breaks?

4. Keep animal on flea/tick medicine regularly. There are diseases that ticks carry that are dangerous to other animals and to humans. Think of safety and comfort for the animals and the kennel personnel.

5. Anytime the animal is on medicine, place in daily trays and list the medicine for the kennel. The kennel needs to know what medicine the animal is taking, in case of an emergency.

6. Be up front with clerks about your animal's quirks, including any kind of aggression. Tell them if the animals need to be separated anytime, such as meal time.

7. Bring bedding that is easily washable and will give your animal security.

8. Clearly label all items with your name or your animal's name.

9. Check on food supply. For dogs, bringing your own food that your dog is used to eating is preferable. For cats, it's a necessity. Cats require exactly the same diet and it is a good idea for dogs too. Don't try to bring special food as a treat. Maintaining a regular diet will keep the animal's stomach calm.

10. Bring cat's carrier to the kennel with the bedding, so the cat may have a secure place to stay if they are scared.

11. Each kennel will have different rules and guidelines for animal care. Be sure to know when they will take animal out for breaks, when they will feed and what extra costs you may incur.

12. Some kennels, like The Pup Tent, offer grooming too! Be sure to plan far enough ahead to schedule grooming, if desired.

13. Bring a minimum of toys. Pup Tent asks for no more than two toys per animal.

14. Don't wait until the last minute to bring animal to kennel. Bring them at least 30 minutes prior to the kennel's closing, so your furbaby has time to acclimate to the kennel before it closes.

These guidelines will help provide a successful and good time for your animals while you are gone. While the kennel is not home, it can be a home away from home.



## HPAN's Featured Supporter: Casey Thomas!

I've been an animal lover all my life; I get it from my parents. They had pets before I was born, and I can't remember a time when we didn't have an animal in the house. Cats, dogs, rabbits, fish – I even adopted the class mouse in elementary school. I remember countless hours spent at the animal shelter spending time with the animals, interacting with them. My mom and I even took a trip to Best Friends Animal Society in Utah to volunteer one Thanksgiving. It's not surprising, then, that most of my pets have been rescues!



As soon as I got out on my own, I adopted Zoe from the Oak Ridge Animal Shelter. She was just a puppy, not even 8 weeks old. She was scaling the door of the cage, and I knew she was mine. We were lucky enough to

have 14 years together, and I credit her with showing me just how much love an animal can bring to your life.

Two of our current three are rescues. Luka is our special needs boy; he has exocrine pancreatic insufficiency (EPI), which means his body doesn't produce the enzymes needed to digest food. He was one of 7 dogs taken to the Roane County shelter the day after Christmas. He was skin and bones. We thought he was just malnourished, so following our vet's advice, we fed him a lot of turkey and rice. His weight kept dropping; he eventually got down to 40 pounds, dangerously underweight for a German Shepherd. We were watching him starve to death, and stumbled upon EPI by accident. A blood test confirmed it, and now that we supplement his enzymes, he's a healthy 75 pounds. He still gets excited whenever he sees a turkey going into the oven though!



Lucy's our sweetheart. Her mom belonged to someone we knew; the owner wasn't expecting puppies and planned to take them to a shelter if he couldn't find homes for them. Lucy is half husky, and loves to talk. She's never met a person or animal she doesn't like, and she's been a great "mom" to Olga, our rambunctious German Shepherd puppy and the only non-rescue dog in our pack. Olga put my heart back together again after losing Zoe; she's my constant companion. In a few weeks, she and I will be running in a 5k to raise money for the ASPCA. Olga's our active dog – she loves nothing more than running, swimming, and chasing her ball. I'm putting her in agility soon, and we've thought about dock diving. Lucy and Luka want nothing to do with it; they're happiest snuggled up on the couch!

Rescue animals have brought so much joy and love to my life, and when it's time to add to our pack, I already know where I'm headed: the nearest animal shelter.



## **Thank You Corner**

"Helping the dogs adds up so quickly, and your generous donation really helps."

~ Tamara, Homeward Bound Dog Rescue

"Thank you so much for your help!" ~ Mary Lynn, K9 Lifeline Rescue

"I cannot thank you enough." ~ Angela, East Tennessee Miniature Horse and Donkey Rescue"

"Thank you so much!!!! We so appreciate all of your help these few weeks."

~ Cindy, Roane County Paws

"Have I mentioned how awesome you guys are to do what you do?"

~ Wendy, East TN Pit Bull Rescue

"Thank you. We really appreciate the help!" ~ Beverly, Secret City Animal Rescue

"A BIG thank you to HPAN!!!" ~ Amy, Humane Society of Roane County

"Thank you so much for the 500.00!!! We needed that sooo bad!!! THANK YOU!!!"

~ Carla, Fighting for the Bullys Rescue

"HPANs financial assistance is very much appreciated. Thank you again!!"

~ Cindy, Animal Wellness Foundation

Thank you, HPAN!!! Ringo is a super sweet little dude, he appreciates your help so much!" ~ Afton, K9 Lifeline Rescue

"Thank you so much!" ~ Sue, Humane Society of East Tennessee

"Thank you so much for your help." ~ John, Roane County Animal Shelter

"Thank you, HPAN!" ~ Becky and Karen, RescuesForJoJo

"HPAN is SO generous! Thank you for the help with our sweet babies."

~ Holly, The Stray Connection

#### **Hot Cars are Deadly for Animals**

#### By Amy Starkey, HPAN Co-founder and Treasurer

It's a hot, or even warm day, and you see a dog (or cat, for that matter) locked inside a parked car with the engine off. The driver is nowhere in sight. What do you do? I've seen some people ignore it and mind their own business. I've seen others try to free the animal. Some want to help but are fearful of being arrested. That won't happen to you in Tennessee. A law enacted a couple years ago extends a good Samaritan law that allows people to break into a hot car to free a child now includes animals in danger. People who notify law enforcement and attempt to find the owner will be protected from civil liability if they damage a car while trying to rescue an animal in danger. It can get deadly very quickly for animals inside a car, even if the windows are down. The inside of a car heats up quickly. People think the animal will be fine for "just a few minutes," but on a pleasant 70-degree day, the inside of a car can heat up to 90 degrees in just two minutes. Within 20 minutes, the inside temperature can rise to 107 degrees. After an hour, it can hit 120 degrees. The next page is a front/

back brochure/flyer we encourage you to print, duplicate, and keep in your car. If you see an animal in this situation, but are unable to free him, at least call animal control or the local police department. Also report as much information about the car to the nearest place of business asking them to make an announcement. Then place the brochure on the windshield of the parked car containing the animal. We must be their voice!



There have been several cases of dogs dying from heat exhaustion inside of a car, even when the temperature was only 70F!

Please don't let this happen to your dog!!!



http://www.askavetquestion.com/doginhotcar.php



# What happens to a dog in a hot car?

## Cooling Mechanisms Kick in:

-Panting and drooling starts -Blood vessels dilate

## Blood Pressure Is Affected:

-The heart works harder to supply blood to the dilated vessels

-Blood starts to pool in organs

-Blood pressure starts to drop

## #Organs Start to Become Damaged:

-Kidney cells suffer thermal damage

-Small blood clots form, causing more kidney damage

-The cells lining the intestine and stomach suffer thermal damage, leading to severe bloody diarrhea and vomiting

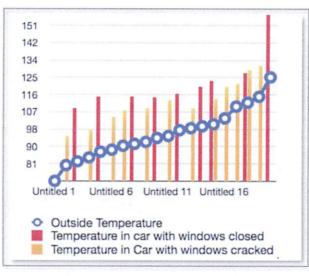
-Liver cells die due to severe thermal damage

- Tiny blood clots form in the brain and the brain swells

## ₽After the body reaches 109F

- -Irreversible brain damage
- -Seizures
- -Coma ·
- -Death

# Interesting Facts about the temperature inside of a car:



Data taken from a study done by the Animal Protection Institute.

-Cracking the windows makes very little difference in the temperature inside the car!

-The temperature inside the car can be 40 degrees F higher than outside!

# Treatment of Heat Exhaustion:

## Call Your Veterinarian:

-If your dog is in distress or seems uncomfortable, he's likely going to need veterinary care.

## Cool Your Dog:

-Don't use icewater! It will cause your dog's blood vessels to constrict and will make the problem worse.

-Immerse in a cool tub.

-Place a fan in front of the dog.

## ₩What the Vet May Do:

-Administer intravenous fluids.

-Treatment with hetastarch or plasma to counteract shock.

-Treatment with mannitol in case of brain swelling.

- -Treatment with furosemide to help produce urine (If the kidneys have shut down).
- -Monitoring of temperature and continued tests to determine how much progress or organ damage there is.